

Bromelain 2400 500 mg

Proteolytic enzyme for musculoskeletal health[†]

INDICATIONS

- Ages 18 and up
- Healthy digestive system support[†]
- Muscle and joint comfort support[†]

BENEFITS

- Helps maintain healthy musculoskeletal tissue[†]
- Supports digestion[†]

FEATURES

- Offers 500 mg/ 1,200 GDU bromelain per capsule
- Non-animal sourced proteolytic enzyme
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Bromelain is a proteolytic enzyme from the stem of the pineapple plant. Taken with food, as a proteolytic enzyme bromelain aids in the healthy functioning of the digestive system.¹ Taken between meals, bromelain maintains healthy kinin and fibrin production, supporting healthy musculoskeletal function.² Research suggests that bromelain may promote muscle and joint comfort by providing support for healthy platelet function.^{3†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-4 times daily, with or between meals, as indicated.

STORAGE

Store in a cool, dry place.

WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Bromelain is sourced from the stem of the pineapple plant. The activity of Pure Encapsulations® Bromelain 2400 is expressed as GDU (gelatin digestion units) and provides 2,400 GDU per gram. One GDU is the amount of enzyme that will liberate 1 mg of amino nitrogen from a standard gelatin solution at pH 4.5-5.5 after 20 minutes digestion at 45°C.
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

NOTES

Size 00 caps

Bottle count 60/180

Order code BR56/BR51

Bottle size 190 cc/20 oz

REFERENCES

1. Simşek Z, et. al. *Turk J Gastroenterol.* 2013;24(4):330-3.
2. Kasemsuk T, et. al. *Clin Rheumatol* 2016 Oct;35(10):2531-40
3. Muller S, et. al. *Phytother Res.* 2013 Feb;27(2):199-204.

SUPPLEMENT FACTS

1 capsule, 1-4 times daily, with or between meals, as indicated.

Each (size 00) vegetarian capsule contains:

Bromelain (from pineapple stem) (2,400 GDU/gram) 500 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

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Bromelain 2400 500 mg	Quantity	Order Code
	180	BR51
	60	BR56

Visit PureEncapsulationsPro.com for more information about our GMO policy.