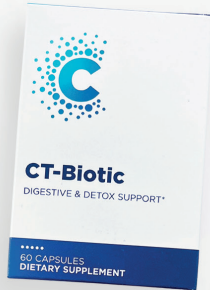














# Optimize B



|                  | WAKE UP | MORNING                                                                                          | NOON | EVENING                                                                                          | BEDTIME |
|------------------|---------|--------------------------------------------------------------------------------------------------|------|--------------------------------------------------------------------------------------------------|---------|
| BC-ATP           |         | 2               |      | 2               |         |
| ViRadChem Binder |         | 2               |      | 2               |         |
| KL Support       |         | 2               |      | 2               |         |
| CT-Zyme          |         | 2               |      | 2               |         |
| CT-Biotic        |         | 1 <br>with food |      | 1 <br>with food |         |

  = capsules



\*Dosing chart is for general use. Please contact your healthcare practitioner for specific dosing.