












Metabolic Support Kit



	WAKE UP	MORNING	NOON	EVENING	BEDTIME
Metabolic Activator		5 		5 	
IFC		2 		2 	
GCO		1 		1 	
Advanced TUDCA		1  with food		1  with food	
  = capsules  = drops					



*Dosing chart is for general use. Please contact your healthcare practitioner for specific dosing.