

Ultra B12-Folate

680 mcg of DFE Folate and 2000 mcg of Vitamin B12



FOUNDATIONAL HEALTH



Ultra B12-Folate is a synergistic combination of a patented active form of folate as [6S]-5-methyltetrahydrofolate (5-MTHF) and highly bioavailable forms of vitamin B12, as methylcobalamin and adenosylcobalamin. Vitamin B12 is also known as cobalamin, which is a water-soluble micronutrient that supports cellular repair and function, cellular energy metabolism, and neurological function.* It is not produced by humans and must be obtained from dietary sources or supplementation. Folate, or vitamin B9, is one of the most important nutrient cofactors to support the optimization of vitamin B12 status. This innovative form of folate (5-MTHF) in Ultra B-12 Folate has demonstrated high bioavailability, solubility, and long-lasting stability that is ideal for supplementation.*

The ingredients in Ultra B12-Folate support methylation reactions that provide critical functions to promote normal

DNA synthesis and repair, cellular energy metabolism, nerve cell structure and function, and red blood cell production. Methylation is a simple biochemical process that turns biological switches on and off for various systems in the body. When the methylation cycle is working optimally, it supports normal cardiovascular and neurological function, detoxification, and reproductive activities.*

Folate and vitamin B12 are also essential for the regulation of homocysteine levels, which play a role in cardiovascular health.*

Benefits*

- Supports vitamin B12 status in the body
- Supports neurological health
- Promotes cellular health and energy production
- Supports cellular repair and function
- Supports healthy cognition and mood
- Supports healthy fetal development
- Promotes healthy methylation and homocysteine levels

Highlights

- Provides 680 mcg of 5-MTHF (as Quatrefolic®) and 2,000 mcg of vitamin B12, as adenosylcobalamin and methylcobalamin (MecobalActive®)
- Provides forms of vitamin B12 found in nature, methylcobalamin (MecobalActive®), and adenosylcobalamin for superior absorption
- Gluten-free, dairy-free, and soy-free
- Non-GMO

Recommended Use

Take 1 capsule per day with a meal or as directed by your health-care practitioner.

MecobalActive® is a registered trademark of HEALTHTECH BIO ACTIVES, S.L.U.

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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