

# Tricobalamin™

3 Forms of Vitamin B12



FOUNDATIONAL HEALTH



Tricobalamin™ is a pleasant-tasting, orange-flavored lozenge supplement formulated to deliver three highly bioavailable forms of vitamin B12.\* This product delivers 3,000 mcg of vitamin B12 (as methylcobalamin, hydroxycobalamin, and adenosylcobalamin) to support normal vitamin B12 status in the body.\* Healthy vitamin B12 status supports nervous system function, DNA, RNA, red blood cell production, and overall cell metabolism.\*

Vitamin B12 is an essential vitamin required for many metabolic functions in the body.\* Vitamin B12 is found most abundantly in animal-based foods, whereas only certain plant foods contain vitamin B12, such as seaweed, mushrooms, nutritional yeast, and fermented foods. Vitamin B12 deficiency may be caused by a lack of dietary intake, gastrointestinal (GI) issues or surgeries, low stomach acid, certain medications, excessive alcohol consumption, or genetic factors.\* A vitamin B12 deficiency may take several years to manifest clinically,

and it has been associated with altered function of the cardiovascular and nervous systems.\* Tricobalamin™ may be beneficial for vegans, vegetarians, women who are pregnant or breastfeeding, elderly populations, and those with GI issues and certain gene variants.\* Tricobalamin™ lozenges may also be helpful for those who have trouble swallowing pills.\*

The three forms of vitamin B12 used in Tricobalamin™ occur naturally in the human body and are more bioavailable than the cyanocobalamin form.\* Cyanocobalamin is the synthetic form of vitamin B12 typically found in mass-marketed supplements and used for food fortification, although most individuals can absorb and utilize all three forms of vitamin B12 in Tricobalamin™. Some forms may be more effective for certain individuals.\* As a result, Tricobalamin™ includes all three forms for maximum support.\*

## Benefits\*

- Promotes healthy vitamin B12 status and metabolism
- Promotes nervous system health and function
- Supports normal red blood cell formation
- Supports normal DNA and RNA synthesis
- Supports cardiovascular health

## Recommended Use

Take 1 lozenge per day or as directed by your health-care practitioner. Allow lozenge to dissolve slowly and completely in mouth and swallow.

## Highlights

- Contains 3,000 mcg of vitamin B12 (as methylcobalamin, hydroxycobalamin, and adenosylcobalamin) per serving
- Synergistic combination of three highly bioavailable forms of vitamin B12
- Convenient lozenge delivery
- Pleasant-tasting, orange-flavored lozenge
- Zero grams of sugar; sweetened with monk fruit extract
- Gluten-free, dairy-free, and soy-free
- Non-GMO

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.