



Sensitol™

Myo-Inositol, D-Chiro-Inositol, and ALA*



ENDOCRINE/METABOLISM*



Sensitol™ is a synergistic combination of two naturally occurring forms of the important nutrient inositol — myo-inositol (MI) and D-chiro-inositol (DCI) — along with alpha-lipoic acid (ALA). This formula is designed to support the metabolic pathways involved in normal insulin function and glucose metabolism.* Sensitol™ may also promote female hormone balance.*

Inositol occurs naturally in a variety of fruits, grains, and beans, but it is bound to other compounds making it less bioavailable, and it is difficult for the body to utilize it from food. Inositol occurs in nine different forms (called isomers). The MI and DCI isomers are recognized as the most predominant. These isomers play critical roles in human physiology, helping to balance normal hormone signaling, such as insulin, thyroid, and sex hormones (e.g., estrogen).

The forms of inositol in Sensitol™ may support the body's response to insulin, thus supporting metabolic and hormonal processes that are influenced by healthy insulin signaling.* Inositol is also an important factor for balancing female hormones by supporting healthy liver function, which is the key organ in the detoxification and clearance of excess hormones, such as estrogen and testosterone.*

ALA is included in this product, as it may help promote cellular sensitivity to insulin, and it helps support the conversion of glucose (primarily from carbohydrates) into cellular energy.*

Benefits*

- Promotes insulin sensitivity
- Supports normal blood sugar metabolism
- Supports female hormonal balance

Highlights

- 1,600 mg of inositol (as myo and D-chiro) per serving
- 100 mg of alpha-lipoic acid per serving
- Gluten-free, dairy-free, and soy-free
- Non-GMO

Recommended Use

Take 2 capsules two times per day or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.