



# Prenatal Pro™

*Supports Prenatal Health*



Prenatal Pro™ is a 4-a-day multivitamin and multimineral formula designed to provide mom and baby with a broad foundation of key nutrients. The nutrients found in this formula complement an average diet to support a healthy pregnancy and optimal fetal development.\* Prenatal Pro™ was specifically formulated for pregnant and lactating women and women wishing to become pregnant.

Its formulation was guided by the established Dietary Reference Intakes, including the Recommended Dietary Allowances (RDAs) and Adequate Intakes (AIs), along with the average nutrient consumption and common nutrient inadequacies seen in the standard American or Western pattern diets.

## Benefits\*

- Supports overall prenatal health\*
- May support healthy thyroid function\*
- Supports healthy fetal brain development\*
- May support the body's antioxidant status\*
- May help support cardiovascular health and healthy bone formation\*
- May help reduce the risk of preterm birth\*
- May promote healthy blood sugar metabolism\*

## Recommended Use

Take 4 capsules per day with meals or as directed by your health-care practitioner. Divided dosing is recommended.

## Highlights

- Features the bioidentical form of folate for superior bioavailability compared with synthetic folic acid
- Select minerals in chelated form for superior absorption and bioavailability
- Provides iodine and selenium in a 1:1 ratio
- Provides tocopherol-free vitamin E isomers as delta- and gamma-tocotrienols
- Provides the RDA of iron for pregnancy in a non-constipating, chelated form for superior bioavailability
- Features naturally occurring vitamin B12 as methylcobalamin, which is more bioavailable than the synthetic cyanocobalamin form commonly used in prenatal vitamins
- Delivers clinically relevant doses of vitamin K1
- Provides vitamin B6 in its more bioavailable form, pyridoxal-5-phosphate
- Contains choline, an important nutrient for early brain development\*
- Provides 1,500 mcg of retinol activity equivalents (RAE) per serving of mixed carotenoid blend and preformed vitamin A for individuals who may be unable to produce sufficient vitamin A from carotenoid precursors\*
- Provides vitamin C in a dose higher than the RDA, as the modern diet is generally low in this nutrient

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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