

# PrebioMed™ XOS

*Bifidobacterium + XOS Prebiotic*



GASTROINTESTINAL HEALTH\*



PrebioMed™ XOS is a symbiotic, stable combination of prebiotics and probiotics in the form of xylooligosaccharide and *Bifidobacterium*, respectively. PrebioMed™ XOS is formulated to support overall gastrointestinal (GI) health and to promote healthy fat metabolism, healthy body weight, and a balanced inflammatory and immune response.\*

Prebiotics are nondigestible, fermentable products that feed probiotic bacteria in the gut and promote a healthy GI microbial environment.\* Research suggests that a healthy GI microbial environment may support overall health by influencing energy metabolism, immune health, digestion, vitamin synthesis, and fat metabolism.\* Prebiotic and probiotic supplements may benefit the general population and those with GI complications or altered GI microbial environments.\*

The most commonly used prebiotics include fructooligosaccharides (FOS), arabinogalactan,

galactooligosaccharides, and inulin. However, large quantities of these prebiotic forms are often required to be effective and can frequently lead to common complaints such as occasional gas, bloating, and abdominal pain.\* In certain individuals, these common types of prebiotics can stimulate the growth of multiple bacterial species that may not promote the balance of health-promoting bacterial strains.\*

PrebioMed™ XOS contains a unique xylooligosaccharide prebiotic that has demonstrated clinical efficacy at lower quantities and minimizes the risk of common unpleasant complaints associated with prebiotic consumption.\* This prebiotic has been shown to promote the growth of a special species of health-promoting bacteria, known as *Bifidobacterium*, without aiding the growth of other less desirable bacterial species.\* The addition of *Bifidobacterium* probiotics in PrebioMed™ XOS also boosts its ability to support GI health.\*

## Benefits\*

- Supports overall gastrointestinal health and digestion
- Promotes healthy body weight
- Promotes balanced inflammatory and immune responses
- Supports healthy fat metabolism

## Recommended Use

Take 2 capsules per day with meals or as directed by your health-care practitioner.

## Highlights

- Provides 84 mg (10 billion CFU) of *Bifidobacterium* probiotic blend per 2-capsule serving
- Includes 1 g of xylooligosaccharide (as PreticX™) per 2-capsule serving
- Synergistic blend of probiotics and prebiotics to support GI microbial balance\*
- Gluten-free, dairy-free, and soy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.