

# Para 1



## IMMUNE & DIGESTIVE SUPPORT\*

### KEY BENEFITS

- Acts as a “gut grabber,” forming a sticky mass and binding unwanted factors\*
- Facilitates detox protocols, and supports health in maintenance programs\*
- Mixes with avocado oil or maple syrup to make swallowing capsules easier\*

### PRODUCT DESCRIPTION

This is our flagship immune- and digestive-support product. Para 1 facilitates the removal of unwanted items from the gut.\*

Para 1 is made of one simple ingredient—Mimosa Pudica Seeds. These come from an Ayurvedic herb that has been used to support health since ancient times.

In the gut, the powdered seeds become gelatinous and sticky. So, they can “scrub” the digestive tract and

carry away many unwanted materials in the stools. This supports the normal elimination of biofilm buildup, toxins, and other unwanted factors.\*

Para 1 is the most effective when taken on an empty stomach. So take it at least 20 minutes before or 2 hours after eating. For the most potency, avoid taking Para 1 at the same time as any binders. Ideally, separate them by at least 30–60 minutes.

### LABEL INFORMATION

**Directions:** Take 2 capsules twice daily, or as otherwise directed by a healthcare practitioner. Can be taken with or without food.

**CAUTION:** Please consult your healthcare practitioner before use if you are pregnant, breastfeeding, or considering use for a child. Store in a cool, dry place.

**KEEP OUT OF REACH OF CHILDREN.**

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 60

Amount Per Serving	
Sensitive Plant Seed	900 mg†
(Mimosa pudica)	

† Daily Value not established.

Other Ingredients: Vegetable Cellulose (Capsule).

