

PaleoMeal®

Bone Broth Protein Meal



BODY COMPOSITION†



PaleoMeal® is a nutrient-dense meal supplement with complete protein, a very low glycemic impact, and nutrients that are predominantly in their bioidentical forms. PaleoMeal® is available in delicious chocolate and vanilla flavors and features HydroBEEF™, a highly concentrated beef protein produced through an exclusive hydrolysis and ultra-filtration process that enables the protein to be hydrolyzed or “split” into a high concentration of functional peptides. Delivering protein in the form of peptides allows for faster absorption and assimilation.

HydroBEEF™ protein is a highly concentrated beef protein sourced from animals raised in Sweden without hormones that are fed a diet free of GMO grains, grasses, hay, and ensilage. Beef protein is a complete protein containing all the essential amino acids, including good concentrations of leucine, lysine, methionine, and the collagen precursors, proline and glycine. Adequate protein consumption provides the amino acids (including the essential amino acids) required for protein synthesis in the body. Protein serves as the main structural component of muscles, bones, hair, skin, nails, tendons, ligaments, and blood

vessels, and it plays a direct role in building hormones, neurotransmitters, and enzymes. Protein supplementation may support healthy body composition and exercise performance.*

PaleoMeal® also contains medium-chain triglycerides (MCTs), glucomannan (a water-soluble fiber), and essential vitamins and minerals in highly bioavailable and bioactive forms. The MCTs in this product are sourced from coconut and palm oils, which are more easily absorbed and metabolized than long-chain fatty acids. These MCTs support sustained satiety and may help support healthy body composition.* Glucomannan has been shown to promote normal blood glucose and lipid metabolism with additional evidence showing that it may support healthy body composition, a normal microbiome, digestive system, and immune health.* With its combination of protein, fats, and array of vitamins, minerals, and other beneficial compounds (such as inositol and choline), PaleoMeal® may also be utilized as a meal supplement with a wide variety of applications, including the support of healthy body composition.*

Benefits*

- Promotes healthy body composition
- Supports healthy blood sugar metabolism
- Helps sustain satiety
- Supports healthy weight management
- Broad nutritional support

Recommended Use

Vanilla Flavor: Mix 32 grams (approximately one scoop) in 8 ounces of water or any other beverage per day, or as directed by your health-care practitioner.

Chocolate Flavor: Mix 34 grams (approximately one scoop) in 8 ounces of water or any other beverage per day, or as directed by your health-care practitioner.

Highlights

- Provides optimal intake of protein, fats, carbohydrates, vitamins, and minerals
- Protein nitrogen score of 101.5, indicating high protein usability
- 3 to 4 grams of net carbs per serving
- Nutrients in highly bioavailable and bioactive forms
- Grain-free, dairy-free, and soy-free protein source
- Low allergenicity and free of hormones and antibiotics
- Stevia sweetened and free of sucrose, fructose, and artificial sweeteners

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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