



PaleoFiber®

A Synergistic Blend of Fibers



GASTROINTESTINAL HEALTH†



PaleoFiber® is a unique combination of botanically derived fibers from fruits, vegetables, roots, seeds, and tree extracts. This product was designed to help support the Paleolithic diet free from non-Paleolithic food extracts such as grains (wheat, oat, rice bran) and legumes (peas, beans, or soy fibers).

Many Americans do not meet the recommended daily intake of dietary fiber. PaleoFiber® helps support a healthy consumption of dietary fibers to promote gastrointestinal (GI) health, healthy motility, and colonic health.* It also contains prebiotics (such as acacia gum

and inulin) that help support the growth of beneficial GI bacteria.* This formula may also help support optimal blood sugar metabolism, and normal appetite.*

PaleoFiber® features a unique fiber blend that delivers 3 grams of dietary fiber to the GI tract in a convenient powder, making it easy to mix with other beverages. It is unsweetened and unflavored for optimal mixing with liquids. PaleoFiber® may help support optimal intestinal function and a healthy response to occasional constipation.* It may also support microbial balance and proper intestinal barrier function and integrity.*

Benefits*

- Helps promote optimal intestinal function
- Supports GI motility and bowel regularity
- Helps promote gastrointestinal microbial balance
- Supports colonic health

Recommended Use

Take 5 grams (approximately one scoop) per day or as directed by your health-care practitioner. Consume extra water when taking PaleoFiber®.

Highlights

- Proprietary blend of 12 types of fiber delivering 3 grams of dietary fiber per serving
- Contains soluble fiber to help support satiety and insoluble fiber to promote healthy bowel function*
- Acacia gum and inulin are prebiotics to support the growth of beneficial GI bacteria*
- Free from grains (wheat, oat, rice bran) and legumes (peas, beans, or soy fibers)
- Convenient powdered delivery
- Unflavored and unsweetened for optimal mixing with liquids
- Gluten-free, dairy-free, and soy-free
- Non-GMO

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To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.