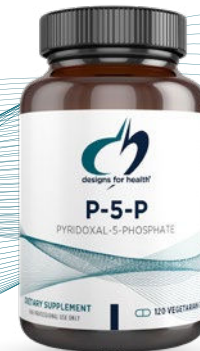


P-5-P

Pyridoxal-5-Phosphate



FOUNDATIONAL HEALTH



P-5-P delivers vitamin B6 as pyridoxal-5-phosphate. P-5-P is the bioactive form of vitamin B6 that supports a wide range of biochemical processes in the body.* P-5-P is formulated to support healthy vitamin B6 status, support healthy inflammatory responses, and promote immune, mental, and cardiovascular health.* P-5-P supports fat, protein, and carbohydrate metabolism and the proper synthesis of red blood cells and DNA.*

Vitamin B6 is widely available in foods. However, for some individuals, the conversion of vitamin B6 to P-5-P is inefficient.* This includes individuals undergoing stress or illness, elderly individuals, those who consume large amounts of alcohol, or those with suboptimal liver health or specific gene variants.* Some medications may also interfere with B6 metabolism.* Supplementing directly with P-5-P removes the need for conversion.*

P-5-P is integral to amino acid metabolism.* Amino acids are the building blocks of protein and have various roles

in the body. For instance, P-5-P promotes the conversion of certain amino acids into neurotransmitters.* The neurotransmitters help support a balanced mood, positive mental outlook, and healthy stress response.* These include gamma-aminobutyric acid (GABA) — a calming neurotransmitter, the conversion of 5-hydroxytryptophan to serotonin (sometimes called the “feel good” neurotransmitter), and the conversion of levodopa into dopamine (a neurotransmitter involved in the “reward pathways” in the brain).*

P-5-P supports healthy red blood cell formation, specifically the heme portion that carries oxygen in the blood to all tissues and organs in the body.* This may support proper energy levels.* P-5-P also promotes proper blood sugar metabolism and nerve health.* P-5-P is required for normal homocysteine metabolism.* Balanced homocysteine is one indicator of cardiovascular health.*

Benefits*

- Supports healthy vitamin B6 status
- Supports fat, protein, and carbohydrate metabolism
- Supports proper synthesis of red blood cells and DNA
- Promotes healthy inflammatory responses
- Supports mental, immune, and cardiovascular health

Highlights

- Contains 50 mg of vitamin B6 (as pyridoxal-5-phosphate) per 1-capsule serving
- Delivers the bioactive form of vitamin B6
- Gluten-free, dairy-free, and soy-free
- Non-GMO

Recommended Use

Take 1 capsule per day or as directed by your health-care practitioner.

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.