

# OmegAvail™ Hi-Po

1,600 mg 1:1 EPA+DHA



FOUNDATIONAL HEALTH



OmegAvail™ Hi-Po delivers the highest concentration of the essential omega-3 fats, EPA and DHA, of any Designs for Health fish oil softgel formula per serving. It is formulated to contain 800 mg each of EPA and DHA in a 1-to-1 ratio, delivering 1,600 mg total of the beneficial omega-3s per 2-softgels. This product is optimal for supporting the body's foundational needs of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) for long-term supplementation.

A balanced 1-to-1 ratio of EPA and DHA is similar to that found naturally in seafood and when supplemented in that ratio, they do not have to compete for absorption in

the body. This gives both EPA and DHA an equal opportunity to provide their benefits and optimize the tissues that need these omega-3 fats the most.\*

## Omega-3 Fatty Acids

**EPA** — Supports healthy brain function, positive mental outlook, skin health, normal cholesterol metabolism, and a healthy inflammatory response.\*

**DHA** — Supports proper brain development and function, vision, normal triglyceride metabolism, eye development, cell membrane integrity, and a healthy pregnancy for expectant birth parents\*

## Benefits\*

- Supports cardiovascular health
- Promotes healthy lipid metabolism
- Promotes cell membrane health
- Supports neurological function and brain health
- Supports a healthy inflammatory response
- Supports joint health
- Supports skin, hair, and eye health
- Promotes positive mental outlook and mood balance

## Recommended Use

Take 2 softgels per day with meals or as directed by your health-care practitioner.

DeltaGold® is a registered trademark of American River Nutrition, LLC and is protected by US Patent Number 8,586,109.

## Exceptional Quality and Purity

- **Sustainable Sourcing:** Sourced from sustainable wild-caught anchovy, sardine, and mackerel fish from Peru and Chile.
- **Multi-form BioGlycerides™:** Uniquely combines three different forms of fish oils for improved bioavailability and distribution to tissues.
- **Purity Assurance:** The fish oil undergoes molecular distillation and filtration, ensuring it's pure and free from metals, pesticides, PCBs, and other contaminants.
- **Digestibility Support:** The addition of lipase makes it easier for your body to digest and absorb the fish oils and to help avoid a fishy aftertaste.
- **Stability Boost:** DeltaGold® tocotrienols are included to enhance stability and maintain quality over time.

ZPTED OPO 12/23

To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

Designs for Health and logo are trademarks of Designs for Health, Inc. © 2023 Designs for Health, Inc. All rights reserved

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.