



# OcuForce™ Blue

*Supports Eye Health and the Natural Ability to Filter Blue Light\**



OcuForce™ Blue provides a targeted blend of macular-supportive nutrients and antioxidants formulated to help promote the natural ability of the eyes to filter blue light and it may help prevent irritation associated with extended screen-time exposure.\* This formula is a synergistic combination of lutein and zeaxanthin isomers (as Lutemax® 2020), maqui berry extract (as MaquiCare™), ginkgo, bilberry, astaxanthin (as AstaREAL®), and vitamin E isomers (as DeltaGold® delta- and gamma-tocotrienols) designed to help support the eyes from the effects of blue light.\* OcuForce™ Blue is ideal for the teenage years through late adulthood or for anyone who has prolonged exposure to blue light from screens, and also those seeking help to maintain healthy vision.\*

Blue light is a high-energy, short wavelength, visible light that is emitted from a multitude of sources including sunlight, artificial indoor lighting (LED and fluorescent light bulbs), and digital devices, such as smartphones, tablets, computers, and television screens. Blue light penetrates deep within the eye, and as such, has the potential to damage the retinal structures through photo (light)-oxidation reactions and free radical production within the retinal cells.\* Short-term exposure of blue light can manifest as eye strain, eye fatigue, and head and neck aches, whereas long-term exposure may lead to a gradual loss of visual acuity, function, and even retinal damage.\* Lutein and zeaxanthin are the only carotenoids that comprise the macular pigment (MP) within the retina of the eye. Healthy MP helps protect the eyes by absorbing the damaging blue light and it also supports clear vision.\*

## Benefits\*

- Supports antioxidant status within the eye
- May support a healthy inflammatory response within the eye
- Supports retinal health and visual performance when exposed to the effects of blue light
- May help alleviate occasional eye strain and eye fatigue associated with digital devices
- May help alleviate occasional dry eyes
- May promote blood flow within the eyes
- Supports healthy macular pigment

## Recommended Use

Take two capsules per day with meals or as directed by your health-care practitioner.

## Highlights

- Synergistic combination of macular-supportive nutrients and antioxidants\*
- Includes Lutemax® 2020, a non-GMO carotenoid extract naturally derived from marigold flowers that uses an enhanced microencapsulated form for superior stability, absorption, and bioavailability
- Lutemax® 2020 provides all three macular carotenoids — lutein, zeaxanthin, and meso-zeaxanthin — in clinically relevant doses
- Botanical extracts standardized to meet efficacious amounts of bioactive ingredients
- Includes 200 mg of wild-harvest, certified-organic maqui berry extract (as MaquiCare™)
- Does not contain gluten, dairy, soy, or GMOs

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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