Niacin CRT™

With Controlled Release Technology

Niacin, also known as vitamin B3 or nicotinic acid, is essential in many metabolic pathways in the body. Niacin's ability to promote healthy blood lipids was discovered in the 1950s. Since then, many health care practitioners have chosen to recommend niacin for patients who need assistance in supporting healthy lipid levels without some of the undesirable side-effects of pharmaceutical drugs. Additionally, because niacin assists with normal vasodilation (the relaxation of blood vessels), it may also be helpful in supporting healthy circulation.

Niacin CRT™ offers therapeutic doses of niacin as nicotinic acid in a controlled-release tablet for optimal bioavailability. It is available in 500 mg and 750 mg tablets.

CONTROLLED RELEASE TECHNOLOGY

Niacin CRT™ has a unique delivery system designed to provide a slow (6-8 hour) continuous release of niacin in a very uniform manner. This helps to eliminate spikes and surges in blood levels of the compound, which often occur with immediate-release delivery systems. These spikes may result in distressing side-effects, such as skin flushing, itching and gastrointestinal irritation. The proprietary slow-release technology used in Niacin CRT™ is designed to reduce these unpleasant effects.

TIPS FOR TAKING NIACIN CRT™:

- Take Niacin CRT™ with food for optimal absorption and minimal GI side-effects.
- When possible, take Niacin CRT™ with dinner. Cholesterol synthesis is greater at night, and evening dosing reduces the incidence and severity of flushing, which may occur with niacin supplementation early in the day.
- Avoid taking with alcohol, hot beverages, or juice, as this may interfere with the controlled release of niacin into the bloodstream.

RECOMMENDED USE:

- As a dietary supplement, take one tablet per day with a meal, or as directed by your health care practitioner.

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Science first.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.