

MyoStim™

Supports Healthy Body Composition and Muscle Metabolism*

 **MYOSTIM** | 14 - 0.52 oz (15 g) Stick Packs

MyoStim™ offers a complete suite of muscle-supportive nutrients formulated to help preserve lean muscle tissue, stimulate muscle growth, and promote healthy aging in a delicious clementine-flavored, easy-to-mix powder.* This comprehensive formula features synergistic ingredients to help mitigate the effects of age-related muscle loss and support lean body composition.*



HEALTHY AGING*



Supports healthy aging*



Supports healthy body composition*



Promotes overall bone health*



May help preserve muscle mass and strength in aging adults*



May help attenuate muscle protein breakdown in athletes*



Helps support lean body mass in individuals unable to perform regular resistance training*

Supplement Facts

Serving Size 1 stick pack (15 g)
Servings Per Container 14

Amount Per Serving	% Daily Value
Calories	35
Total Carbohydrate	3 g 1%**
Protein	5 g 0%**
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU) 125%
Calcium	290 mg 22%
Collagen Peptides	5 g *
Creatine Monohydrate	3 g *
Calcium β -Hydroxy- β -MethylButyrate Monohydrate (myHMB®)	2 g *
L-Leucine	1 g *
Trans-Geranylgeraniol (GG-Gold®) [from annatto (<i>Bixa orellana</i>)(seed)]	150 mg *

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Natural flavor, citric acid, β -carotene (color), partially hydrolyzed guar gum, PhytoSweet® blend (rebaudioside M, steviol glycosides [from *Stevia rebaudiana* leaf]), luo han guo extract.

Recommended Use: Mix 1 stick pack (15 g) in 8 oz of water per day or as directed by your health-care practitioner.

Warning: Pregnant or lactating women should not take HMB, as safety studies have not been conducted yet for these populations.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

JUST THE FACTS:

Compare supplement facts to the leading brands

- **Protein** – promotes maintenance and preservation of muscle mass*
- **Vitamin D3 and calcium** – support strong and healthy bones*
- **Collagen peptides** – grass-fed collagen supports healthy connective tissue like skin, bones, muscles, and joints*
- **Creatine monohydrate** – helps with exercise performance, muscle growth, and preservation of lean muscle mass as we age*
- **MyHMB®** – a unique ingredient that promotes muscle mass throughout the aging process*
- **L-leucine** – required in adequate amounts for muscle protein synthesis*
- **GG-Gold®** – a key nutrient for building skeletal muscle protein*
- **Delicious clementine flavor** – sweetened with a stevia blend and 0 g of sugar, with no artificial flavors or sweeteners
- Convenient, travel-friendly stick packs that easily mix in water or your favorite beverage

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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