

# Liposomal NeuroCalm™

Highly Bioavailable GABA and L-Theanine



STRESS/MOOD\*



Liposomal NeuroCalm™ is a unique blend of gamma-aminobutyric acid (GABA) and L-theanine to support mental calm and a healthy response to stress without impairing focus and attention.\* GABA helps promote normal nerve cell activity, and aids in supporting mild or occasional stress and feelings of anxiousness.\* L-theanine is an amino acid primarily found in green tea. L-theanine is known for its ability to help promote a sense of calm and relaxation without inducing drowsiness.\*

This product is formulated using liposomal technology, which helps facilitate the delivery of nutrients inside cells to targeted tissues, enhancing bioavailability and nutrient absorption. Liposomes are extremely tiny particles that allow for rapid absorption, starting in the mouth, which then circulate longer throughout the body to support nutrient delivery.

## Benefits\*

- Promotes mental and emotional calm
- Helps support a healthy stress response
- May help support occasional feelings of anxiousness
- Encourages feelings of relaxation
- Helps promote restful sleep
- May promote focus, attention, and concentration

## Highlights

- 250 mg of gamma-aminobutyric acid (GABA) and 100 mg of L-theanine per serving
- Convenient liquid delivery for serving size flexibility
- Designed with liposomal technology for rapid uptake, superior bioavailability, and efficient nutrient absorption\*
- Gluten-free, dairy-free, and soy-free
- Non-GMO

## Recommended Use

Take 2 mL (approximately 4 pumps) and hold in mouth for 30 seconds before swallowing or take as directed by your health-care practitioner.

**Warning:** If pregnant or breastfeeding, consult your health-care practitioner before use. Pregnant and lactating women and children under 6 years of age should avoid taking GABA. Use of GABA may conflict with taking anti-anxiety medications. Do not take GABA with excess alcohol consumption, as it may drastically exacerbate the relaxation effect of alcohol.

**To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).**

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.