

# Liposomal NMN Synergy™

CELLULAR ENERGY + HEALTHY AGING\*



Liposomal NMN Synergy™ is a unique formulation designed to support energy production, DNA repair, and healthy aging.\* The main ingredient, nicotinamide mononucleotide (NMN), is used to create nicotinamide adenine dinucleotide (NAD+), which is found in every

living cell and required for many important cellular processes. Trimethylglycine, a compound derived from amino acids, is included to support the action of NMN. Together, these nutrients help promote healthy aging in cells and tissues.\*

## NAD+ to Support Healthy Aging\*

NAD+ plays a role in more than 500 reactions in the body, including energy production, metabolism, aging, gene expression, stress response, and DNA repair. Aging has been linked to a deficiency of NAD+ and/or insufficient NAD+ for enzymes, such as sirtuins, that require it to properly perform necessary processes in the body.

## Enhanced Absorption

Liposomes are spheres made of phospholipids — the same primary building blocks of cell membranes. Owing to this structure, liposomes bond easily with cell membranes to deliver their cargo, which in this case is NMN. Liposomes are extremely tiny particles, which allows for fast absorption in the body, starting in the mouth and continuing throughout the digestive system.. Liposomal delivery provides a well-tolerated, easily absorbed, and highly bioavailable form of NMN.

## Benefits

- Healthy aging\*
- Normal metabolic function\*
- Healthy blood sugar metabolism\*
- Normal cognition and brain function\*
- Normal cellular function\*
- Healthy energy production\*

## Highlights

- Unique formula for healthy aging\*
- The only NAD precursor using liposomal delivery for enhanced absorption
- Includes synergistic compounds to support metabolism and cell function\*
- NMN serves as an effective precursor to support healthy NAD+ metabolism\*

## Recommended Use

Take 1 mL (approximately 2 pumps) and hold in mouth for 30 seconds before swallowing, or as directed by your health-care practitioner.

Take on an empty stomach at least 10 minutes before meals. May be stirred into a small amount of water.

**To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).**

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.