

Liposomal B Supreme

Superior Delivery and Absorption*



FOUNDATIONAL HEALTH



Liposomal B Supreme is designed for superior delivery and absorption of B vitamins to support energy production, physical and mental health, balanced mood, and healthy stress responses.* B vitamins also support heart, brain, and liver health.* This formula has a mild citrus flavor and provides targeted amounts of the full complex of B vitamins.* Liposomal B Supreme also includes betaine to support B vitamin metabolism and milk thistle to support the role of B vitamins in liver health.* Although B vitamins are abundant in whole, unprocessed animal and plant foods and various fortified foods, there are certain restrictive diets and lifestyle factors that may interfere with or impair the absorption of B vitamins.* For example, alcohol intake, chronic stress, gastrointestinal issues, the natural aging process, and certain medications may interfere with B vitamin

absorption or metabolism.* Liposomal B Supreme provides B vitamins in a highly bioavailable form to promote healthy vitamin B status for overall health.*

This product is formulated using liposomal technology, which helps facilitate the delivery of nutrients inside cells to targeted tissues, enhancing bioavailability and absorption. Liposomes are spheres made of phospholipids — the same primary building blocks of cell membranes in the body. Owing to this structure, liposomes bond easily with the outer cell membranes to deliver their nutrient cargo (in this case, B complex vitamins, milk thistle, and betaine). Liposomes are extremely tiny particles that allow for rapid absorption starting in the mouth and then circulating longer throughout the body to support nutrient delivery.

Benefits*

- Promotes healthy vitamin B status
- Supports energy production
- Supports physical and mental health
- Promotes heart, brain, and liver health
- Promotes healthy stress responses

Recommended Use

Take 1 mL (approximately 2 pumps) and hold in mouth for 30 seconds before swallowing or as directed by your health-care practitioner.

Highlights

- Delivers targeted amounts of thiamin, riboflavin, niacin, pantothenic acid, vitamin B6, biotin, folate, and vitamin B12
- Milk thistle extract and trimethylglycine (as betaine anhydrous) included to support vitamin B metabolism and liver health*
- Liposomal formula offers superior delivery and absorption
- Synergistic, bioavailable combination of the B vitamins
- Convenient liquid delivery
- Gluten-free, dairy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

Designs for Health and logo are trademarks of Designs for Health, Inc. © 2023 Designs for Health, Inc. All rights reserved