DESIGNS FOR SPORT®

NEW

Hydration Packs

*Recharge with advanced cellular hydration**

Achieving cellular hydration is crucial for optimal performance and recovery, and water alone isn't enough. Replenishing with electrolytes lost through sweat is essential. Hydration Packs offer a balanced 1:1 potassium to sodium ratio to enhance muscle function, along with D-ribose and Vitamin C for muscle recovery.* This zero-sugar, low-carb powder provides twice the electrolytes of the leading brand†† (nine times more than the leading sports drink)‡ and comes in convenient stick packs for easy mixing on the go.



444% OF YOUR DAILY RECOMMENDED VITAMIN C

14 SERVINGS PER BOX

GREAT-TASTING CLEMENTINE FLAVOR

- **CONVENIENT, ON-THE-GO SINGLE SERVING PACKS**
- **2X THE ELECTROLYTES OF THE LEADING POWDER BRAND††**
- **ZERO SUGAR HYDRATION, SWEETENED WITH STEVIA AND MONK FRUIT**
- **1:1 SODIUM TO POTASSIUM RATIO FOR BALANCED ELECTROLYTE REPLACEMENT**
- **EXCELLENT SOURCE OF ELECTROLYTES**
- **INCREASED BIOAVAILABILITY OF MAGNESIUM AND ZINC WITH THE BISGLYCINATE FORM**
- **DELIVERS 9X THE ELECTROLYTES OF THE LEADING SPORTS DRINK‡**
- **SUPPORTS ATHLETIC PERFORMANCE***

SUPPLEMENT FACTS

Serving Size 1 Stick Pack (8 g)
14 Servings per Container

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%**
Vitamin C (as Ascorbic Acid)	400 mg	444%
Magnesium (as TRAACS® Magnesium Bisglycinate Chelate Taste-Free)	100 mg	24%
Zinc (as Zinc Bisglycinate Chelate)	5 mg	45%
Chloride (as Sodium Chloride)	840 mg	36%
Sodium (as Sodium Chloride)	500 mg	22%
Potassium (as Potassium Bicarbonate, Potassium Glycinate Complex)	500 mg	11%
D-Ribose	1 g	*

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Natural flavor, citric acid, PhytoSweet® blend (rebaudioside M, steviol glycosides [from *Stevia rebaudiana* leaf]), luo han guo extract (fruit), silicon dioxide.

NSF CERTIFIED SPORT

Why supplement with Hydration Packs?

Compare supplement facts to the leading brands

Vitamin C
Promotes antioxidant status and muscle function during and post-exercise*

Sodium, potassium, magnesium, and chloride
Balanced sodium to potassium ratio and full-spectrum electrolytes promote advanced hydration*

Zinc
Supports athletic performance*

D-Ribose
Supports energy production and exercise recovery*

††Total electrolytes per serving vs Liquid I.V. Hydration Multiplier Powder Packets, the leading brand per Stackline sales data September 2023
‡Total electrolytes per serving vs Gatorade Classic 12 fl oz as of September 2023

ELPHYD-DS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.