

# Glucosamine Chondroitin

Supports Healthy Joint Function\*



MUSCULOSKELETAL\*



Glucosamine Chondroitin combines glucosamine sulfate and chondroitin sulfate to promote healthy joint function.\* Glucosamine and chondroitin are the building blocks of cartilage and may help promote normal cartilage development.\* They may also promote a healthy inflammatory response to support joint health and healthy aging.\*

Glucosamine plays a role in the structure of articular cartilage, or the cartilage found in joints. Glucosamine is involved in the synthesis of the cells that make up cartilage and proteoglycans, which are molecules that are critical components in the extracellular matrix in cartilage.

The extracellular matrix is a substance made of linked molecules that support cellular functions and the physical maintenance of cells. Proteoglycans play many key roles in regulating cell processes and maintaining cartilage health and function. Chondroitin is also a critical component of the articular cartilage extracellular matrix, including acting as a part of proteoglycan to support cartilage health and joint function.\* Glucosamine and chondroitin also promote a healthy inflammatory response.\* The two may act synergistically to promote healthy cartilage and joint function and support the healthy aging process.\*

## Benefits\*

- Promotes healthy joint function
- Supports cartilage health
- Supports healthy aging

## Recommended Use

Take 4 capsules per day or as directed by your health-care practitioner.

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## Highlights

- 1,500 mg of glucosamine sulfate per serving to support cartilage health\*
- 1,200 mg of chondroitin sulfate per serving to promote normal joint function\*
- Includes clinically trialed CSBioactive® chondroitin for enhanced absorption and activity

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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