



Exhale™

GABA and L-Theanine-infused
Buttery Cacao Supplement



Fx Chocolate® Exhale contains 100 mg of GABA and 100 mg of L-theanine per serving to promote mental and emotional calm without impairing focus and attention.* GABA helps slow down the activity of nerve cells and preventing them from overfiring, which helps to combat stress and occasional feelings of anxiousness.* L-theanine is an amino acid mainly found in green tea and various fungi, and it is known to promote a sense of calm and a healthy stress response.*

Fx Chocolate® contains zero grams of sugar and is sweetened with allulose, a sweetening agent that is found naturally in jackfruit, figs, and raisins, with no bitterness or unpleasant aftertaste. The chocolate supplement delivery system is a novel and convenient way to receive the benefits of bioactive ingredients found in nutrients and herbs, especially for individuals who are unable to swallow capsules or softgels.

Benefits*

- Helps promote restful sleep
- Promotes mental and emotional calm
- Helps support a healthy stress response
- May help support occasional anxiety
- Promotes focus, attention, and concentration
- Encourages feelings of relaxation

Highlights

- 100 mg gamma-aminobutyric acid (GABA) and 100 mg L-theanine per serving
- Zero grams of sugar — suitable for ketogenic diets
- Free of artificial sweeteners, flavors, or colors
- Low allergen profile, free of dairy, soy, and gluten, and non-GMO
- Suitable for vegans and vegetarians
- Only 3 g carbohydrates per serving

Recommended Use

Consume 1 square of Fx Exhale once per day.
Do not exceed four squares per day.

Consult with your health-care practitioner about your specific circumstances and any questions you may have regarding this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

fx CHOCOLATE®

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