



Dream

Calming Melatonin-infused
Dark Cacao for Sleep Support*

Fx Dream is a synergistic combination of 3 mg of melatonin and 100 mg of 5-hydroxytryptophan (5-HTP) per serving to help promote the brain's ability to relax and rest.* Melatonin is a hormone that is produced by the brain to regulate sleep by controlling the body's circadian rhythms. The 5-HTP works alongside melatonin to help promote healthy neurotransmitter function that may support our body's ability to maintain a balanced mood, support overall relaxation and rest, and promote healthy immune system function.*

Fx Chocolate® contains zero grams of sugar and is sweetened with allulose, a sweetening agent that is found naturally in jackfruit, figs, and raisins, with no bitterness or unpleasant aftertaste. The chocolate supplement delivery system is a novel and convenient way to receive the benefits of bioactive ingredients found in nutrients and herbs, especially for individuals who are unable to swallow capsules or softgels.

Benefits*

- Helps promote restful sleep
- Encourages feelings of relaxation
- Helps support a positive mental outlook and balanced mood
- May promote mental and emotional calm
- May support healthy immune function
- May help support antioxidant status

Highlights

- 3 mg of melatonin and 100 mg of 5-HTP per serving
- Zero grams of sugar — suitable for ketogenic diets
- Free of artificial sweeteners, flavors, or colors
- Low allergen profile — free of dairy, soy, gluten, and non-GMO
- Suitable for vegan and vegetarian diets
- Only 3 g carbohydrates per serving
- Convenient delivery format
- Uses environmentally sustainable harvested cacao beans

Recommended Use

Consume 1 square of Fx Dream once per day 30 to 60 minutes before bedtime. Do not exceed the recommended dose.

Warning

Not recommended for use by pregnant or lactating women, or by those taking SSRI or MAOI medications. Consult with your health-care practitioner about your specific circumstances and any questions you may have regarding this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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