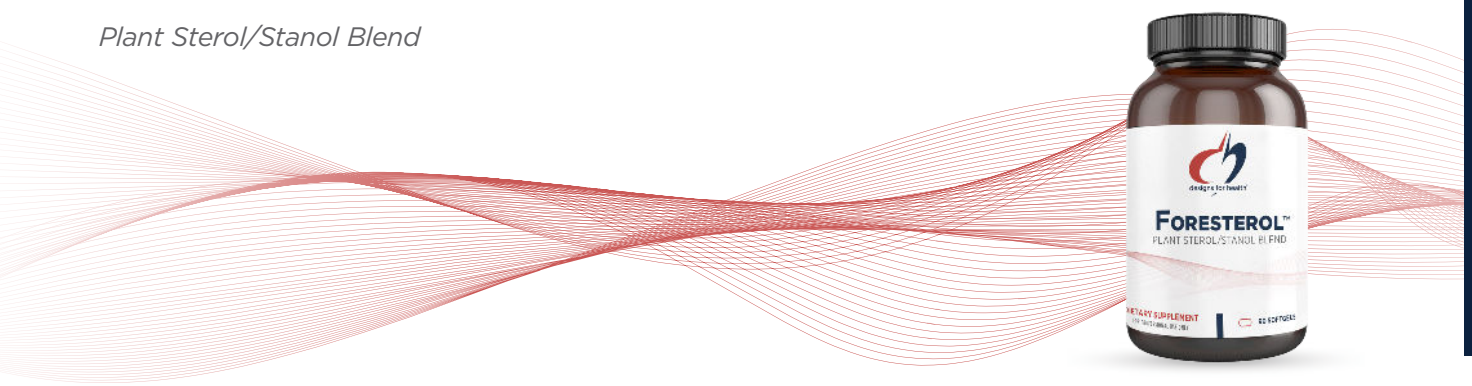
designs for health®

Foresterol™

Plant Sterol/Stanol Blend

CARDIOVASCULAR HEALTH†



GLUTEN FREE FORMULA
DAIRY FREE FORMULA
SOY FREE FORMULA
NON GMO GMO INGREDIENTS

Cholesterol is an important fat-like substance in the body that is involved in and required for producing sex hormones, cell membranes, and the essential nutrient, vitamin D. The body produces its own cholesterol; dietary cholesterol is the main steroid found in animal-derived foods, such as egg yolk, beef, poultry, seafood, and dairy.

Plant sterols and stanols, known collectively as phytosterols, have a similar structure to cholesterol. As such, phytosterols may help support the normal absorption and synthesis of cholesterol in the body.*

Foresterol™ contains a phytosterol mixture of plant sterols and stanols shown to support normal cholesterol metabolism.* This mixture is from the non-GMO tall oil of the coniferous pine tree and mainly consists of four major phytosterols: beta-sitosterol, campesterol, campestanol, and sitostanol.

Benefits*

- Promotes healthy lipid metabolism
- Supports normal cholesterol metabolism
- Supports cardiovascular health

Highlights

- 600 mg of plant sterols/stanols from coniferous trees
- Non-GMO

Recommended Use

Take 1 softgel three times per day with meals or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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