designs for health®

DHEA

Micronized Dehydroepiandrosterone

ENDOCRINE/METABOLISM*



GLUTEN FREE FORMULA
DAIRY FREE FORMULA
SOY FREE FORMULA
VEGETARIAN FORMULA
NON GMO INGREDIENTS

Dehydroepiandrosterone (DHEA) is required for the proper synthesis of important hormones. DHEA also modulates a series of biological processes that influence a variety of physiological responses, such as healthy aging, sustained energy and vitality, a balanced stress response, enhanced mood, muscle integrity, and fat metabolism. Designs for Health offers two different serving sizes of DHEA in micronized form for increased absorption with either 25 mg capsules or 5 mg capsules that can be slowly titrated upward as needed.

DHEA is mostly synthesized in the adrenal glands as part of cholesterol metabolism. The adrenals play an essential role in the body's stress or "fight-or-flight" response by secreting stress hormones.

Circulating DHEA is used by many tissues such as skin, bone, ovaries, and testes. It converts to other hormones, such as the sex hormones, estrogen and testosterone, which are used for a variety of key physiological processes. Certain medications, excessive mental or physical stress, excess alcohol consumption, extreme dieting, malnutrition, and other dietary and lifestyle factors may lower DHEA production. Supporting DHEA levels may support body composition and promote a healthy stress response and normal hormone production.*

Benefits*

- Supports a healthy stress response
- Supports a positive outlook
- Promotes normal hormone synthesis
- Supports body composition

Highlights

- DHEA is formulated in a micronized form for increased absorption
- Available in two dosage options of 5 mg or 25 mg per serving based on each individual patient need.

Recommended Use

Take 1 capsule per day with a meal or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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