designs for health®

Colon Rx™

*Supports Bowel Motility and Tonicity**

GASTROINTESTINAL HEALTH*



GLUTEN FREE FORMULA
DAIRY FREE FORMULA
SOY FREE FORMULA
VEGETARIAN FORMULA
NON GMO GMO INGREDIENTS

Colon Rx™ is uniquely formulated to support optimal bowel motility and tonicity.* It contains Triphala, a blend of botanicals used for gastrointestinal (GI) health in Ayurvedic medicine, along with magnesium hydroxide. Colon Rx™ can be used as a daily bowel tonic to help tonify the bowels or in instances of occasional constipation.*

The key ingredient Triphala consists of three fruits — *Amalaki*, *Haritaki*, and *Bibhitaki* — that have been shown in studies to exhibit mild laxative properties in the presence of occasional constipation, and has been shown to support the growth of certain beneficial gut microbiota.* It may also support immune health and the body's response to inflammation and oxidative stress.* This formula also features magnesium hydroxide, which exhibits osmotic activity in the bowel. Osmotic activity can help move water from surrounding tissues into the bowel to soften stool and facilitate healthy digestion and excretion.*

Benefits*

- Supports GI motility
- Healthy bowel function support
- Colon health support
- Occasional constipation support
- May promote normal bowel movements

Highlights

- Per serving provides 1 g of Triphala- a blend of three botanicals to support bowel tonicity and motility*
- Provides 400 mg of magnesium hydroxide per serving, to support healthy GI motility, tonicity and may help soften stool*
- Gluten-free, dairy-free, and soy-free
- Non-GMO

Recommended Use

Take 2 capsules with 8 ounces of water at bedtime or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**