

Citrus Bergamot Heart Health & Cholesterol

- Maintains Healthy Cholesterol Levels*
- Regulates And Maintains Optimal Triglyceride Levels*
- Regulates Optimal LDL-HDL Cholesterol Levels*
- Provides Superior Circulatory System Support*
- Provides Powerful Antioxidant Health*

Citrus Bergamot is a premium nutritional supplement formulated to regulate and maintain normal, healthy cholesterol levels, a proper balance between LDL and HDL cholesterol, and to promote and support a healthy functioning cardiovascular system and arterial circulation. In addition to supporting normal cholesterol levels and healthy circulation, Citrus Bergamot provides superior effective antioxidant support for overall health and well-being, and helps protect the body from the damaging effects of free radicals.

Citrus Bergamot is specially formulated to help regulate optimal ratios of LDL and HDL cholesterol levels. "LDL cholesterol" is an abbreviation for "Low Density Lipoproteins"; often referred to as the "bad cholesterol" because a high LDL level leads to a buildup of cholesterol in your arteries. "HDL cholesterol" is an abbreviation for "High Density Lipoproteins"; often referred to as the "good cholesterol" because it carries cholesterol from other parts of your body back to your liver which can then remove the excess cholesterol from your body. Citrus Bergamot is also effective for regulation of healthy stable blood pressure levels.

Featuring our Citrus Bergamot SuperFruit™, hand-picked in Calabria, Italy and processed at our patented extraction facility to ensure maximum purity and potency. Our formula includes 47% Bergamot Polyphenol Fraction (BPF), which is the concentration of the key polyphenols that are responsible for the majority of the health benefits of Citrus Bergamot. Polyphenols are powerful nutrients that act as "reducing and regulating agents" in the body to promote normal, balanced and optimal cardiovascular and antioxidant health.

Abstract of Scientific Study

Background: Cholesterol levels and blood glucose levels are important markers and risk factor indicators for various cardiovascular and heart health concerns. Experimental and epidemiological evidence suggests that dietary polyphenols,

such as flavonoids, may help regulate these risk factors to support maintenance of normal homeostasis. This has been exploited in the case of bergamot juice flavonoids and proved to work in clinical practice by Dr. Ross Walker, Consultant Cardiologist, Sydney Adventist Hospital, Sydney, Australia and others.

Dr. Vincenzo Mollace and co-workers addressed the efficacy of Bergamot Polyphenol Fraction (BPF), in experimental and clinical settings. These authors showed that BPF is effective in regulating multiple metabolic and cardiovascular markers within normal levels and that natural polyphenols show antioxidant properties, that may lead to anti-aging and optimal immune responses as well as other beneficial effects for human health.¹

Directions

Take 1 capsule with breakfast and 1 capsule with dinner, per day.

Does Not Contain

No colors, flavors or preservatives. Free of wheat, gluten, fish, egg, dairy and lactose.

Cautions

Do not take during pregnancy or when lactating. Supplements should not replace a balanced diet.

SUPPLEMENT FACTS

Serving Size : 1 Capsule
Servings per Container : 60

Amount per Serving	# Daily Value
Citrus Bergamot Extract (47% Bergamot Polyphenolic Fraction)	600mg #
Bergamot Polyphenolic Fraction (80% Total Polyphenols) comprised of Neohesperidin, Naringin, Neoterocitrin, Bruttieridin, and Melittidin)	

Daily Value not established

OTHER INGREDIENTS: Calcium Carbonate, Stearic Acid.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

References

1. Walker, R., Janda, E., & Mollace, V. (2014). The use of bergamot-derived polyphenol fraction in cardiometabolic risk prevention and its possible mechanisms of action. *Polyphenols in Human Health and Disease*, 1087–1105. <https://doi.org/10.1016/b978-0-12-398456-2.00084-0>

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**