

# Brain Vitale™

*Nootropic Brain Support*



BRAIN/COGNITION\*



Brain Vitale™ is designed to help optimize brain function and support healthy memory and mood.\* It provides support to address the brain's unique set of needs during the aging process.\* Brain Vitale™ is formulated to assist with various aspects of brain health, such as cellular energy production, mitochondrial support, and antioxidant protection.\*

Research suggests that diet and lifestyle may support brain health in middle age and beyond. Brain Vitale™ contains acetyl-L-carnitine (ALC), which provides support for mitochondrial function.\*

ALC can pass through the blood-brain barrier and may support a healthy inflammatory response.\* Citicoline supports the body's natural regeneration and repair of the cell membranes of neurons.\* Coffee fruit extract from the whole coffee cherry contains polyphenols and other constituents that support memory formation and neuronal health.\* Phosphatidylserine and glycerylphosphorylcholine have demonstrated neuroprotective properties and support cognitive function.\* Ginkgo helps support memory function, concentration, and other aspects of overall brain health.\*

## Benefits\*

- Supports healthy brain aging
- Supports memory and cognitive function
- Helps to support a healthy stress response

## Recommended Use

Take 2 capsules per day with meals or as directed by your health-care practitioner.

CholineAid® is a registered trademark of Chemi Nutra.

## Highlights

- Synergistic combination of an array of brain-supportive nutrients\*
- Provides 500 mg of acetyl-L-carnitine and 250 mg of citicoline per serving
- Concentrated extract from the whole coffee cherry contains brain-supportive compounds not found in coffee beans alone\*
- Gluten-free and dairy-free
- Suitable for vegetarians

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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