

DL-Phenylalanine

Supports emotional well-being[†]

INDICATIONS

- Ages 18 and up
- Supports emotional well-being[†]

BENEFITS

- Supports production of neurotransmitters required for emotional well-being[†]

FEATURES

- A combination of well-tolerated essential amino acids
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

DL-Phenylalanine is a combination of the well-tolerated essential amino acids, d-phenylalanine and l-phenylalanine. Together, these amino acids have been studied for their potential to promote mental functioning and to support positive mood.¹ l-Phenylalanine is a precursor to l-tyrosine, which is converted to the catecholamine neurotransmitters norepinephrine, epinephrine, dopamine and tyramine.² l-Tyrosine and its metabolites play a role in emotional well-being, memory and learning.³ d-Phenylalanine may promote the levels of certain endorphins, which play a role in maintaining muscle and joint comfort.^{4†}

SUGGESTED USE

As a dietary supplement, take 2 capsules, 2-3 times daily, between meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

PHENYLKETONURICS: CONTAINS PHENYLALANINE

SOURCE

- dl-Phenylalanine (free-form) is synthetically produced
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil

NOTES

Size 00 caps

Bottle counts 90, 180

Order codes LP9, LP1

Bottle sizes 290 cc, 20 oz

REFERENCES

1. Grevet EH, et al. *J Psychopharmacol*. 2002 Mar;16(1):51-5.
2. Burn JH, et al. *Br J Pharmacol Chemother*. 1960 Mar; 15(1): 47-55.
3. Thomas JR, et al. *Pharmacol Biochem Behav*. 1999 Nov;64(3):495-500.
4. Kitade T, et al. *Acupunct Electrother Res*. 1990;15(2):121-35.

SUPPLEMENT FACTS

2 capsules, 2-3 times daily, between meals.

Two (size 00) vegetarian capsules contain:

DL-Phenylalanine (free-form) 1,000 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

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DL-Phenylalanine	Quantity	Order Code
	180	LP1
	90	LP9

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